

Curriculum Overview

INTENT

PE is the desire to achieve physical, mental and social well-being through the medium of physical activity.

We see PE as being an integral part of having lifelong health through participation in Physical Education. When our pupils join in year 7 there is a wide variation in KS2 experiences from pupil to pupil. What we aim to do is develop opportunities for all so as all students can remain involved in some form of physical activity to ks5 and beyond.

Subject Specific Concepts:

PE is about **living a healthy lifestyle.**

PE is about **developing motor-skills.**

PE is about **gaining leadership skills.**

PE is about **learning how to work as part of a team.**

PE is about **learning how to communicate effectively.**

PE is about **co-operating with others.**

PE is about **being Resilient.**

IMPACT:

We seek to measure impact in 3 ways: The first and perhaps most important way is collating the **number of pupils participating in extra-curricular activities** and therefore leading a 'healthy lifestyle'. High Numbers of pupils engaging in extra-curricular activities will show the positive impact we as a department are having on pupils. Secondly the **number of pupils opting to study PE at GCSE and A level**. We want our pupils to be engaged and enthused by their ks3 experience and want to continue studying some form of PE beyond the end of ks3. Lastly we measure impact through **practical assessment** of pupils against the **GCSE criteria** in their **3 best performing sports** across the academic year. One of these activities must be a team sport and one an individual activity. This along with our 'theory assessments' will enable us to more **accurately assess pupils against their pathway.**

Core PE: Key Stage 3 (Y7, 8 & 9)

The Curriculum Overview below highlights some of the key topics that our students will be studying over the academic year. These topics may be subject to change so be sure to keep an eye out on SHMW and during parents' evenings.

**Each class will participate in a variety of sports throughout the year in 5 week blocks.
2 lessons per week**

Lesson 1: Focus on understanding and development of skills and techniques

Lesson 2: Transferring of skills learnt into a competitive situation

FOOTBALL	NETBALL	BASKETBALL	TRAMPOLINING
CLIMBING	TABLE TENNIS	HANDBALL	
ROUNDERS	CRICKET	ATHLETICS	

Key Resources to support learning: *Please see The Petchey Academy extra Curricular and clubs timetable*

Core PE: Year 9 /10/11 Overview

The Curriculum Overview below highlights some of the key topics that our students will be studying over the academic year. These topics may be subject to change so be sure to keep an eye out on SHMW and during parents' evenings.

**Each class will participate in a variety of sports throughout the year in 4 week blocks.
2 lessons per week**

Lesson 1: Focus on understanding and development of skills and techniques

Lesson 2: Transferring of skills learnt into a competitive situation

FOOTBALL	NETBALL	BASKETBALL	TRAMPOLINING
CLIMBING	TABLE TENNIS	HANDBALL	SOFTBALL
ROUNDERS	CRICKET	ATHLETICS	FITNESS

Key Resources to support learning: *Please see The Petchey Academy extra Curricular and clubs timetable*