

# Occupational therapy drop in sessions

Do you have any questions about your child's independence or participation in everyday activities?

## 2020 Dates:

**Time : 9.30 –12.00**

Thursday January 16th

Thursday February 20st

Thursday March 19th

Thursday April 16th

Thursday May 21st

Thursday June 18th

Thursday July 16th

Thursday August 20th

Thursday September 17th

Thursday October 15th

Thursday November 19th

Thursday December 17th

For some advice or tips on supporting your child to develop their independence skills with everyday activities come and speak to an occupational therapist:

- Self-care (e.g. washing, dressing, feeding)
- Play and leisure activities
- Accessing school activities

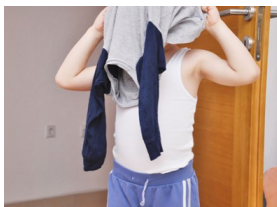


☆ Drop In is for children and young people aged 0-18yrs

☆ There are no appointments, this is a first come first serve clinic, so you may have to wait to be seen.

☆ Children and young people will be seen for 15 minutes with an occupational therapist.

☆ You are welcome to attend without your child if you prefer to speak to an OT about your concerns



**Hackney Ark, Downs Park Road,  
Hackney, E8 2FP**

